

## OTHER RECOMMENDATIONS

- We would recommend that you have a "Food Handling and Hygiene" Certificate.
- Start shopping early. That way you can get things when they are on special and save some money on the final cost.
- Book a time before camp to come and see the kitchen you will be cooking in. It will give you a better idea of the space you will have to work with.
- Organise some way that you can enjoy the things others are doing that you are missing whilst cooking. Either get someone to tape, video or take lots of photos. Then you can feel a part of the camp as well.
- Plan ahead to do things for each meal. For example: it might be a good idea to chop your dinner vegetables at lunch time so you can have some free time with others later in the day.
- Consider asking people from your group who may not want to come to camp to help you. The more help you have, the quicker you will get things done.



## WHAT KITCHEN HAVE YOU BOOKED?

Dates: \_\_\_\_\_

Estimated Number of People: \_\_\_\_\_

### Accommodation:

- Area 1
- Area 2
- Both

*We recommend you use the Area 1 kitchen if you have booked both areas of accommodation.*



### **Fitzroy Falls Conference Centre**

Postal Address: PO Box 60  
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## SO YOU'VE DECIDED TO SELF-CATER

At  
*Fitzroy Falls Conference Centre*



Tel: (02) 4886 4325

## SELF-CATERING INFORMATION

### General Information

Listed below are some important things to remember when self-catering:

- Upon arrival at Fitzroy Falls Conference Centre you will be shown around the kitchen and given explanations as to how stoves, ovens, deep fryers and the dishwasher works.
- You are able to use all our kitchen utensils, crockery and cutlery. If you know you are going to need something for your chosen menu and are not sure if we have it, do not hesitate to call us to check.
- Remember to include the cost of food in your price for people who are coming. Otherwise someone is going to 'foot the bill' for everything you have eaten.
- Due to Food Safety Standards you are asked not to store any food on the floor. Instead, please use fridges and shelves for food storage.
- We require that all self-catering groups fill out a checklist after each meal so that we are sure that you are doing everything you can to avoid food contamination.



### Planning your menu

- Remember to cater for anyone with special dietary needs.
- Think about the food storage space you will have to store perishables in. Area 1 has 2 fridges and a chest freezer in the kitchen with another fridge in the tea and coffee area and Area 2 has 1 fridge and chest freezer in the kitchen with another 2 fridges in the tea and coffee areas.
- Remember to fit in with the budget you have set out for the time you are staying.

### Things to remember to bring

- Towels and/or tea towels.
- Detergent for dishwasher and sink washing up.
- Salt and Pepper.
- Tea, Coffee and Sugar. Maybe something to make Hot Chocolate as well.
- Glad Wrap, Al Foil and Garbage Bags.
- Food for morning and afternoon tea and supper.
- Fresh fruit is always well loved on camps. There is a basket in each kitchen ready for fruit if needed.
- All food needed for your menu.



### When leaving...

We realise that most people are in a hurry to leave but it is important to ensure that the kitchen is left in the best possible condition. It is important that you:

- Clean out all fridges, freezers and food storage areas. Please don't leave any food behind. We cannot use it.
- Ensure everything is back where you found it.
- Take home all non-food items you arrived with including towels and tea towels.
- Ensure that there are no food scraps left in bins or scrap buckets.
- Sweep and then mop the floor.



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